

CHARACTER EDUCATION

COURAGE



Heart & Mind
TEACHING

COURAGE

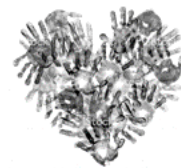


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COURAGE

PARENT LETTER

Hello Parents,

We are learning all about Courage. We defined having courage as: Strength in the face of fear, difficulties, and uncertainties.

Here are some ways you can teach
Courage to your child at home:



Remind them of previous acts of courage. (Ex.- remember that time you tried to swim, and you were so scared and now you love it).



Encourage your child's interests, perseverance, and curiosity.



Help your child accept feedback on their own actions- both positive and negative.

Failure and rejection are often a sign that you've done something brave. Every experience gives new knowledge that wouldn't have been there before.

COURAGE

WRITING PROMPTS

1. When is the last time you were really scared? What was it that scared you? How did you react?
2. Have you ever thought you would not like something and then after you tried it, discovered that you liked it? Explain.
3. What is the difference between safe and unsafe risks? Can you think of people who take unsafe risks and why do they do it?
4. Who are some community heroes in your town or school? What did they do? What reward did they get?
5. Who are some characters in books or movies that you think are courageous? Why do you think they are courageous?
6. What is the bravest thing you have ever done? How did it make you feel after you did it?

COURAGE

RECOMMENDED READ ALOUDS

Don't be afraid to Drop by Julia Cook

What's inside your backpack? By Jessica Sinariski

The day you begin by Jacqueline Woodson

When you are brave by Pat Zietlow Miller

A little spot of Courage by Diane Alber

What do you do with a chance by Kobi Yamada

Riley the Brave by Jessica Sinariski

The lion inside by Rachel Bright

Spaghetti in a hot dog bun by Maria Dismondy

Jabari Jumps by Gaia Cornwall

After the Fall (How Humpty Dumpty Got Back Up Again) by Dan Santat

I can say no by Jenny Simmons

I Will Be Fierce by Bea Birdsong

Love Big by Kat Kronenberg

COURAGE

MORNING ANNOUNCEMENTS

Name: _____

Date: _____

***Week 1:** We are learning all about Courage. We defined courage as strength in the face of fear, difficulties, and uncertainties. Some ways you can have courage at school are trying to learn something new and difficult, standing up to bullies, meeting a new friend, speaking in front of the class, and not giving into peer pressure.

***Week 2:** We are continuing to learn all about Courage. Remember having courage means showing strength in the face of fear, difficulties, and uncertainties. Some ways that you can have courage at home are talking to a parent about a problem you have, joining a sport or club, apologizing to a sibling, and admitting a mistake to a parent.

***Week 3:** We are continuing to learn all about Courage. Remember having courage is showing strength in the face of fear, difficulties, and uncertainties. Some ways that you can have courage in your community is by meeting a new neighbor, facing a fear, perform in a community play, start a fundraiser, and report any cyberbullying you see.

***Week 4:** As we continue to learn about Courage, let's reflect on this quote by Franklin D. Roosevelt, "Courage is not the absence of fear, but rather the assessment that something else is more important than fear." This means that having courage does not mean you don't get afraid, it means you don't let the fear stop you. What is one way you will be courageous today?

***Week 5:** Courage is an essential trait to have for many careers. Firefighters for example show a lot of courage. They are rescuers that extinguish fires that threaten others, they also rescue people and animals from dangerous situations. Firefighters also provide emergency medical service until the ambulance arrives. To protect themselves from fires they wear protective clothing and gear, such as full-face masks and insulated clothing. Firefighters show courage by fighting fires, often in dangerous situations, to save others. Think of a career you may be interested in and how you can show courage within that career.

***Week 6:** Courage is also shown by many leaders throughout history and is an important feature of being a leader. One such leader was Malala Yousafzai, a female education activist from Pakistan. She is known for advocating for the women and children in her community to have access to education, which at the time had banned girls from attending school. Headed home on a bus after taking an exam, Malala was injured badly by a person who was against her activism. After she recovered, she created a non-profit organization to ensure girls worldwide have access to a free and safe education. She showed us the importance of being a courageous leader, she said "*We were scared, but our fear was not as strong as our courage.*" Think about how you can be a leader in your classroom by showing courage.

I CAN HAVE

COURAGE

BY SHOWING

STRENGTH

IN THE FACE

OF *fear*,

difficulties,

AND

uncertainties.



CHARACTER EDUCATION

I CAN HAVE

COURAGE

BY SHOWING

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CHARACTER EDUCATION

I CAN HAVE

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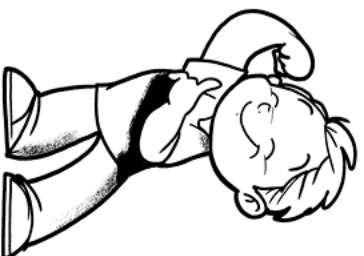
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CHARACTER EDUCATION

I CAN HAVE

COURAGE

BY SHOWING

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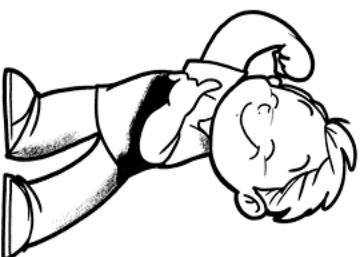
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CHARACTER EDUCATION

I CAN HAVE

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BY SHOWING

STRENGTH

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CHARACTER EDUCATION

COURAGE

PRE-SURVEY

Name: _____

Date: _____

I am learning to be courageous.



Always



Sometimes



Hardly



Never

I can define what courage means.				
I can identify ways to show courage.				
I can recognize courageous behavior.				
I show courage in the classroom.				
I show courage at home.				
Showing courage is important to me.				
I think about being courageous before I do something.				

COURAGE

POST-SURVEY

Name: _____

Date: _____

I am learning to be courageous.



Always



Sometimes



Hardly



Never

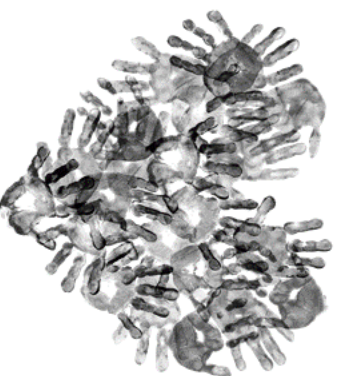
I can define what courage means.				
I can identify ways to show courage.				
I can recognize courageous behavior.				
I show courage in the classroom.				
I show courage at home.				
Showing courage is important to me.				
I think about being courageous before I do something.				

COURAGE

GOOD CHARACTER AWARD

Presented to:

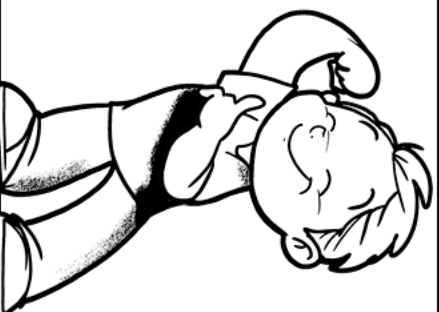
Teacher



Date

COURAGE GOOD CHARACTER AWARD

Presented to:



Teacher

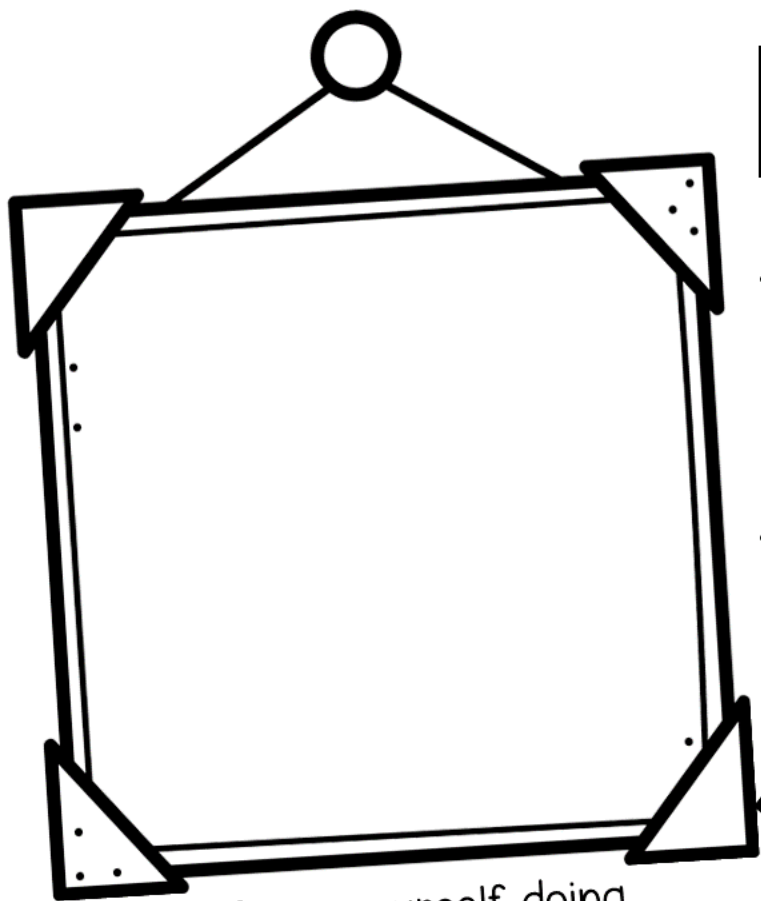
Date

COURAGE

WAYS TO SHOW COURAGE

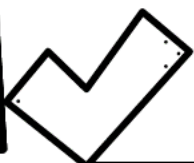
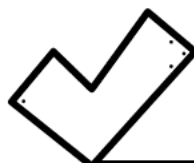
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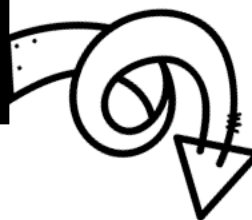


Draw yourself doing something courageous.

I can show courage by...



What does courage mean to me?



COURAGE

WAYS TO SHOW COURAGE

Name: _____

Date: _____



Ways I can show Courage at School



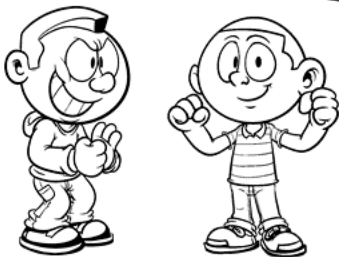
Be yourself.



Don't give in to peer pressure.



Own up to your actions to your teacher.



Stand up to bullies.



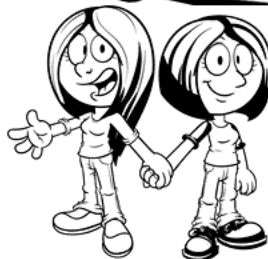
Try even if you might fail.



Speak in front of the class.



Stand up for yourself and others.



Meet a new friend.



Attempt to learn something new and difficult.

COURAGE

WAYS TO SHOW COURAGE

Name: _____

Date: _____



Ways I can show Courage at Home

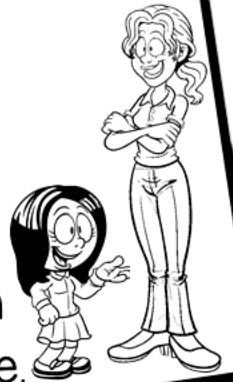


Join new sports
team or club.



Follow your
dreams even if
they differ from
what your
family expects.

Talk to
your
parent
about a
problem
you have.



Learn a new
skill or hobby.



Learn a new
language.

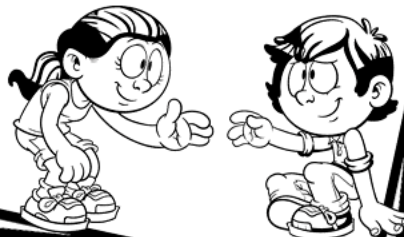


Try new unknown
foods from
different cultures.

Perform
in front
of your
family.



Apologize to
your sibling.



Admit a
mistake
to your
parent.



COURAGE

WAYS TO SHOW COURAGE

Name: _____

Date: _____



Ways I can show Courage in my Community



Meet a new neighbor.



Report any cyberbullying.



Ask town leaders for a change.



Start a fundraiser.



Plan a community event or activity.



Face a fear.



Do something you find scary.



Perform in a community play.

Tell an adult if you see someone doing something wrong.





CUT AND  PASTE ONTO NEXT PAGE

Apologize to
your sibling.

Own up to your actions to
your teacher.

Try even if you
might fail.

Meet a new
neighbor.

Follow your dreams even if they
differ from what your family
expects.

Start a fundraiser.

Plan a community
event or activity.

Perform in front of
your family.

Perform in a
community play.

Don't give in to
peer pressure.

Talk to your parent about
a problem you have.

Report any
cyberbullying.

Speak in front
of the class.

Ask town leaders
for a change.

Try new unknown foods
from different cultures.

Attempt to learn something
new and difficult.

Meet a new friend.

Admit a mistake
to your parent.

COURAGE

WAYS TO SHOW COURAGE SORT

Name: _____

Date: _____

Ways I can show courage
in my School

Ways I can show courage
in my Home

Ways I can show courage in
my Community

COURAGE

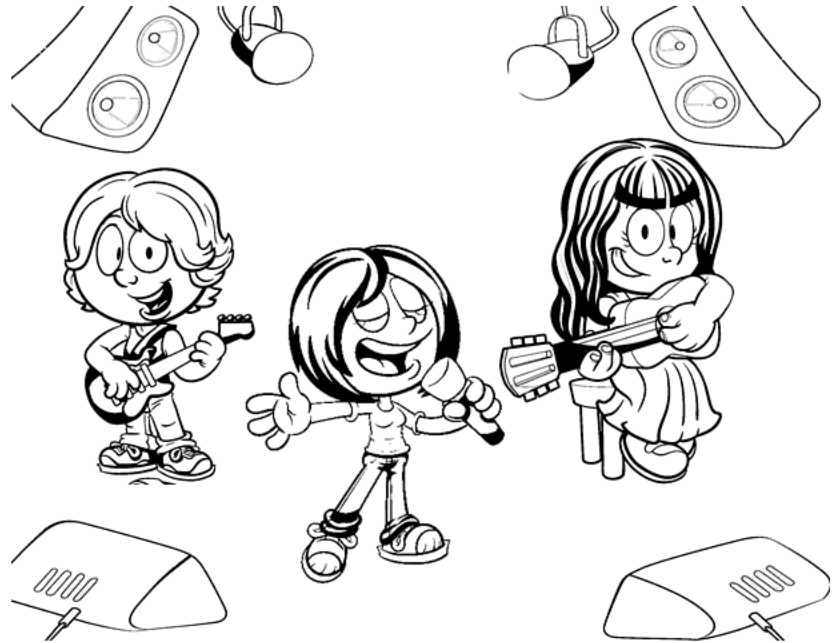
STUDENTS WITH CHARACTER

Name: _____

Date: _____

Courageous Students

TALENT SHOW



Gabriella is performing in her school's talent show tonight with her two friends. She starts to feel very nervous about it and tells her friends she worries that she will make a mistake in front of everyone, and they will laugh at her. Her friends remind her that they have practiced a lot for this, and she likely will not make a mistake. Gabriella is still unsure, but she does not want to let her friends down. She performs anyways, and she does great.

How did this student show Courage?



COURAGE

LEADERS WITH CHARACTER

Name: _____

Date: _____

Courageous Leaders

MALALA YOUSAFZAI



Malala Yousafzai is a female education activist from Pakistan. She is known advocating for human rights, especially women and children having access to education. In her community, girls were banned from attending school. Headed home on a bus after taking an exam, Malala was injured badly by a person who was against her activism. After she recovered, she became an even more prominent activist for the right to education, creating a non-profit organization to ensure girls worldwide have access to a free and safe education. Malala is the youngest person to be awarded a Nobel Peace Prize in 2014 for her work. She showed us the importance of being a courageous leader, she said "*We were scared, but our fear was not as strong as our courage.*"

How did Malala Yousafzai show Courage?



COURAGE

CAREERS WITH CHARACTER

Name: _____

Date: _____

Courageous Careers

FIREFIGHTER



Firefighters are rescuers that extinguish fires that threaten others. They also rescue people and animals from dangerous situations. They work closely with other emergency response agencies such as the police. Firefighters also provide emergency medical service until the ambulance arrives. To protect themselves from fires, they wear protective clothing and gear, such as full-face masks and insulated clothing. Firefighters show courage by fighting fires, often in dangerous situations, to save others.

How do Firefighters show Courage?



COURAGE

DIGITAL CHARACTER

Name: _____

Date: _____

Digital Courage

CYBERBULLYING

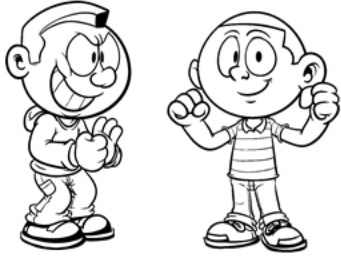


Benjamin is reading an online social media post from a friend, and he sees the friend wrote a bunch of mean things about a classmate. He even asks others to join in on making fun of this person. He has seen this particular friend do this before to the same classmate. He feels bad for the classmate and recognizes this behavior as cyberbullying. He worries if he tells on his friend that he won't be friends with him anymore. He decides to risk losing the friendship and tell his parents what he saw online, to help stop his classmate from being bullied.

How did he show digital courage?



 Cut and  paste onto next page



Standing up
to bullies.



Quitting.



Accepting
responsibility.



Facing a fear.



Giving
into peer
pressure.



Not facing
a fear.

Meeting
someone
new.



Giving up
and not
trying.



Blaming
someone for
what you did.

Performing
in front of
others.



Attempt to
learn
something
new and
difficult.



Only looking out
for yourself.

COURAGE

COURAGE OR NOT? SORT

Name: _____

Date: _____



THIS IS HAVING COURAGE

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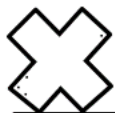
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THIS IS NOT HAVING COURAGE

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COURAGE

CAUSE & EFFECT

Name: _____

Date: _____

CAUSE

Read the situations and determine what effect that decision will have.

EFFECT

You face your fear
and ride the giant
and scary
rollercoaster.

You are too afraid
to approach
someone new.

You are too
nervous to speak
in front of the
class, so you don't
participate.

COURAGE

CAUSE & EFFECT

Name: _____

Date: _____

CAUSE

Read the situations and determine what effect that decision will have.

EFFECT

You don't show up for the talent show because you are too scared you will mess up.

You try to learn a new language even though it seems really hard.

You are embarrassed to admit a mistake to your parent, so you make up a story.

COURAGE

CAUSE & EFFECT

Name: _____

Date: _____

CAUSE

Read the situations and determine what effect that decision will have.

EFFECT

You stand up to
a bully.

You see
someone
getting bullied
and do nothing.

You feel like
even if you
study hard, you
will fail, so you
don't even try.

COURAGE

CAUSE & EFFECT

Name: _____

Date: _____

CAUSE

Read the situations and determine what effect that decision will have.

EFFECT

Your dad offers to teach you to swim but you are too scared of the water to do it.

You are too scared that you won't make the team, so you don't even try out.

You sign up to try out for the soccer team even though you are worried you won't make the team.

COURAGE

CAUSE & EFFECT

Name: _____

Date: _____

CAUSE

Read the situations and determine what effect that decision will have.

EFFECT

You go to a friend's party even though you might not know anyone there.

You are scared of what people might think about you, so you don't run for school student council.

You are new to class and don't know who to sit with at lunch, so you eat lunch in the bathroom.

COURAGE

CAUSE & EFFECT

Name: _____

Date: _____

CAUSE

Read the situations and determine what effect that decision will have.

EFFECT

You really want to fit in with the cool kids, so you join in with them doing something dangerous.

You refuse to go along with something illegal your friends are planning.

Your best friend is not being nice to a classmate, and you tell her to stop being mean.

COURAGE

ROAD TO COURAGE

Name: _____

Date: _____

ROAD TO COURAGE: COLOR THE CAR OF YOUR ANSWER.



Tell the person to stop.

You see a classmate
being made fun of.



Do nothing.



Laugh.



Learn it when you are older.

You really want to
learn to play the
piano, but you are
worried it might be
too difficult for you.



Try to learn it.



Don't bother learning it.



Make up an excuse not to do it.

You have a
presentation in front
of the class. You are
scared that you will
mess up and
embarrass yourself.



Cry and beg your teacher no
to do it.



Practice in front of a mirror
and try your hardest.

COURAGE

ROAD TO COURAGE

Name: _____

Date: _____

ROAD TO COURAGE: COLOR THE CAR OF YOUR ANSWER.

You are scared of flying and have never flown on an airplane before, but you have a family vacation coming up and will be flying.



Refuse to go.



Panic on the flight.



Face your fear and fly.

You are new to the class and don't know anyone. When you go to sit down in the cafeteria, you don't know who to sit with.



Introduce yourself to someone.



Sit alone.



Hide in the bathroom.

A bunch of kids are jumping off the bridge into the lake for fun. It looks dangerous, but you don't want to look uncool in front of everyone by not jumping since everyone else is.



Don't jump.



Jump and hope nothing bad happens.



Do a flying leap off the bridge.

COURAGE

ROAD TO COURAGE

Name: _____

Date: _____

ROAD TO COURAGE: COLOR THE CAR OF YOUR ANSWER.

Your friends are making fun of you for not trying something dangerous at the party.



Laugh it off and make a joke about it.



Give in and try some.



Cry and go home.

You did poorly on a recent test and are worried your parent will be mad. They ask how you did.



Make up a lie.



Change the subject.



Tell them the truth.

The teacher thinks your classmate did something wrong, but it was actually you who did it.



Say you don't think it was him.



Tell the teacher the truth.



Stay quiet.

COURAGE

ROAD TO COURAGE

Name: _____

Date: _____

ROAD TO COURAGE: COLOR THE CAR OF YOUR ANSWER.



Walk away.



Fight with him.



Tell your friends to fight him.

A kid at the
playground is trying
to pick a fight with
you.



Make up a reason why you
can't do it anymore.



Quit.



Practice extra at home to
improve.

You thought joining
the soccer team
would be fun but it's
really hard.



Tell him.



Stay quiet.



Encourage him to keep doing it.

You see your friend
doing something
wrong, you want to
tell him, but you think
he won't be your
friend anymore if
you do.

COURAGE

ROAD TO COURAGE

Name: _____

Date: _____

ROAD TO COURAGE: COLOR THE CAR OF YOUR ANSWER.

You are scared of the haunted houses at the town fair and have never been in one before.



Don't go in the haunted house.



Face your fear and try it out.



Have your sister do it and tell you about it.

You made a mistake and spilled ketchup on your sister's favorite shirt that she let you borrow.



Act like you have no idea how that stain got there.



Hide the shirt and hope she does not find out.



Admit the mistake and apologize.

Your classmate trips during the race at P.E., if you stop to help him then you won't win the race.



Stop and help him.



Don't stop and win the race.



Hope someone else helps him.

COURAGE

ROAD TO COURAGE

Name: _____

Date: _____

ROAD TO COURAGE: COLOR THE CAR OF YOUR ANSWER.

You are eating at a friend's house and their parent serves food from their culture that you have never seen before. You are not sure how it will taste.



Don't eat it.



Try it and see how it tastes.



Say you are not hungry.

No one is talking to the new girl that just started in your class today. She looks lonely.



Introduce yourself to her.



Ignore her.



Do nothing.

You are having a hard time learning this new math skill, it seems like no matter how hard you try, you still don't get it.



Give up.



Keep trying and give up if you can't get it soon.



Keep trying until you get it.

COURAGE

AN HONEST WORLD

Name: _____

Date: _____



Risk Taking: Safe VS Unsafe



Taking risks can increase your confidence as you overcome fears and learn you are capable in ways you may not have known before. Some risks are dangerous and considered reckless behavior. We need to use good judgment before taking risks. Read the actions below and determine if they are safe or unsafe risks to take.

Are these Safe or Unsafe Risks?

Picking up a snake.	Safe	Unsafe
Jumping into a lake alone.	Safe	Unsafe
Opening the door to a stranger.	Safe	Unsafe
Stealing.	Safe	Unsafe
Going on a rollercoaster.	Safe	Unsafe
Singing in front of an audience.	Safe	Unsafe
Introducing yourself to someone.	Safe	Unsafe
Trying to make a new friend.	Safe	Unsafe
Not wearing a helmet.	Safe	Unsafe
Asking for help.	Safe	Unsafe
Trying something unknown at a party.	Safe	Unsafe
Wandering away from adults.	Safe	Unsafe
Trying to light something on fire.	Safe	Unsafe
Trying out for a school play.	Safe	Unsafe

COURAGE

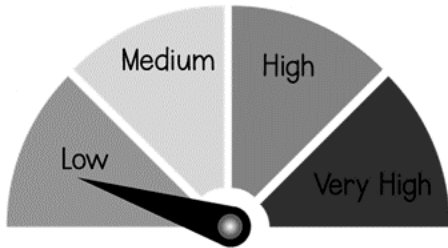
A COURAGEOUS WORLD

Name: _____

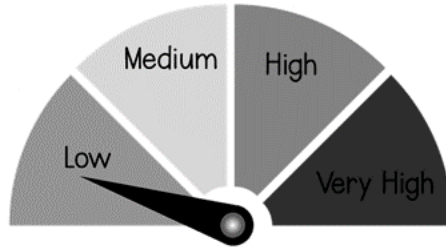
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Level of Risk

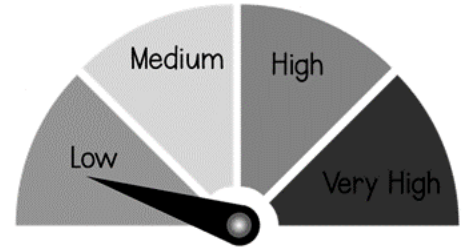
Determine the level of risk for each action. Each person measures risk differently. What you may find scary, others may find fun, and vice versa.



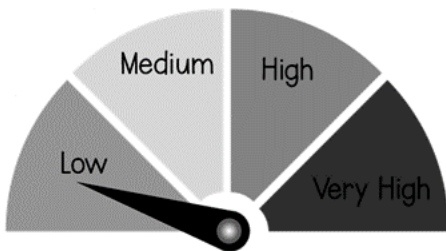
Trying a new food.



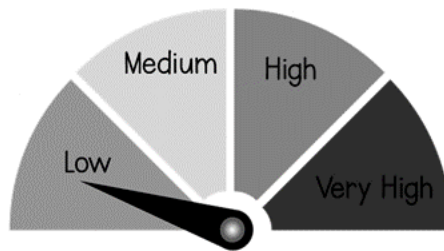
Doing a new skateboard trick.



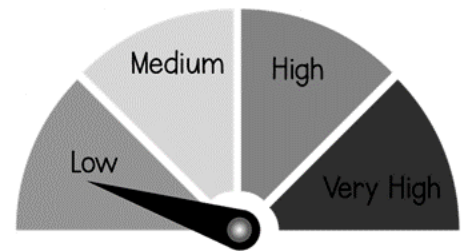
Climbing a tree to rescue a kitten.



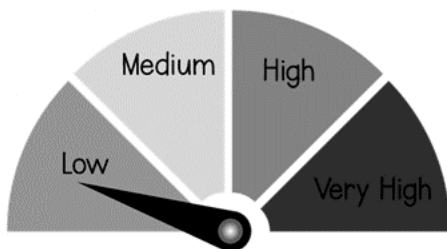
Meeting a new person.



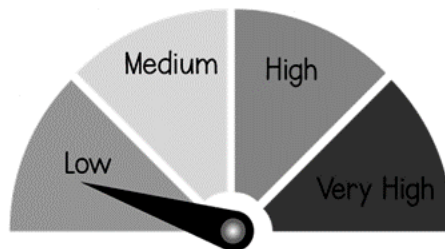
Trying an unknown substance.



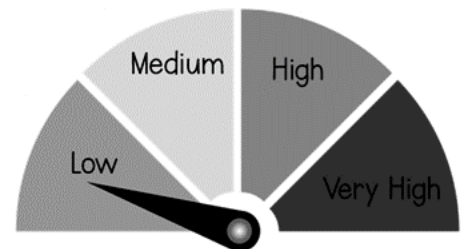
Watching a scary movie.



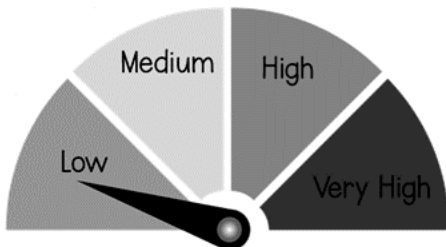
Performing in front of others.



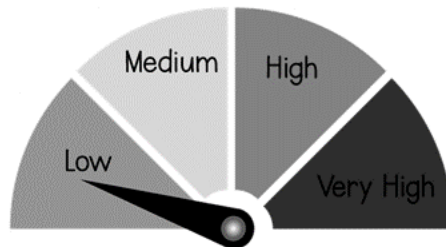
Admitting a mistake.



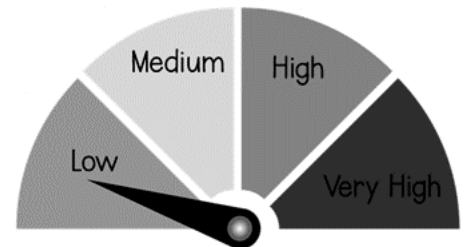
Learning something new and difficult.



Trying out to be on a team.



Riding a big rollercoaster.



Exploring an unknown part of the woods.

COURAGE

A COURAGEOUS WORLD

Being brave is an important part of life. It helps us face fears and overcome obstacles. To be brave, we must understand what we are afraid of. Then we can determine if we are ready to face it or not.

Name: _____

Date: _____

Bravery

Read the actions and decide if this is something you could face with bravery, or if it scares you too much. Put a checkmark on the best answer.



I can face this with bravery.



This scares me too much.

Being the new kid in school.		
Standing up for myself.		
Being in darkness.		
Creepy crawlers: snakes, spiders, bugs.		
Heights.		
Meeting a new person.		
Trying to learn something new and difficult.		
Big rollercoasters.		
Bullies.		
Peer pressure.		
People not liking me.		
Failing.		
Going to the doctor or dentist.		

COURAGE

A COURAGEOUS WORLD

Name: _____

Date: _____

Types of Courage

Physical Courage: Bravery at the risk of bodily harm.

Social Courage: Involves the risk of social embarrassment or exclusion, unpopularity or rejection.

Intellectual Courage: Our willingness to try new and challenging things, and risk making mistakes or failing.

Read the actions and determine which type of courage was shown. Put a checkmark on the best answer.



Physical



Social



Intellectual

You are nervous at the playground because you don't know anyone. You walk up and introduce yourself to someone.			
Your family is snowboarding on vacation, and you want to join in. Even though you might fall a few times, you join in anyways.			
Your friends are all trying this new drink a friend brought to the party. You don't try it because you don't know what it is.			
You want to learn a new language, but it seems really hard. You decide to try and learn it anyways.			
You are practicing a new gymnastics move that you might not be able to land properly. You risk falling to try to get it.			
No one likes or includes this one girl at recess, you feel bad for her, so you invite her to play.			
You are trying to complete a puzzle and it is taking forever. You want to give up, but you keep trying to finish it.			
You decide to run for student council even though you are worried that no one will vote for you.			

COURAGE

A COURAGEOUS WORLD

Name: _____

Date: _____

Life is full of uncertainties and challenges, but courage makes progress happen. It helps you learn new skills, meet people, and try new things.



It is hard for me to:

It scares me to:

I feel like I am in danger when:

I thought I would not like this, but I did:

I am very brave when it comes to:

This helps me to have courage:



Circles of Courage

COURAGE

A COURAGEOUS WORLD

Name: _____

Date: _____

What are some examples of courage you have seen from others?

Teacher

<ul style="list-style-type: none">○○○	
---	--

Parent/Guardian

	<ul style="list-style-type: none">○○○
--	---

Community Helpers

<ul style="list-style-type: none">○○○	
---	--

Friends

	<ul style="list-style-type: none">○○○
--	---

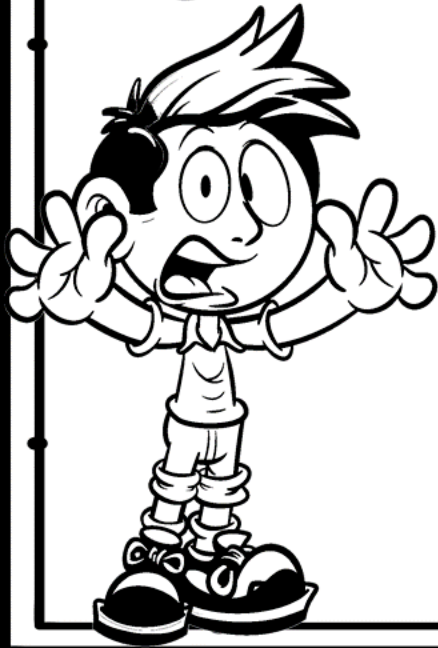
COURAGE

A COURAGEOUS WORLD

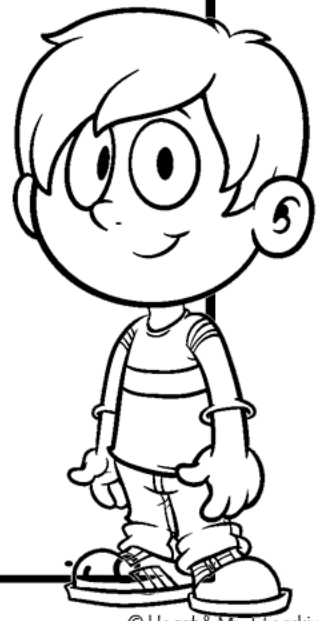
Name: _____

Date: _____

What would society look like if no one had courage?



Would you want to live in this society, why or why not?



COURAGE

A COURAGEOUS WORLD

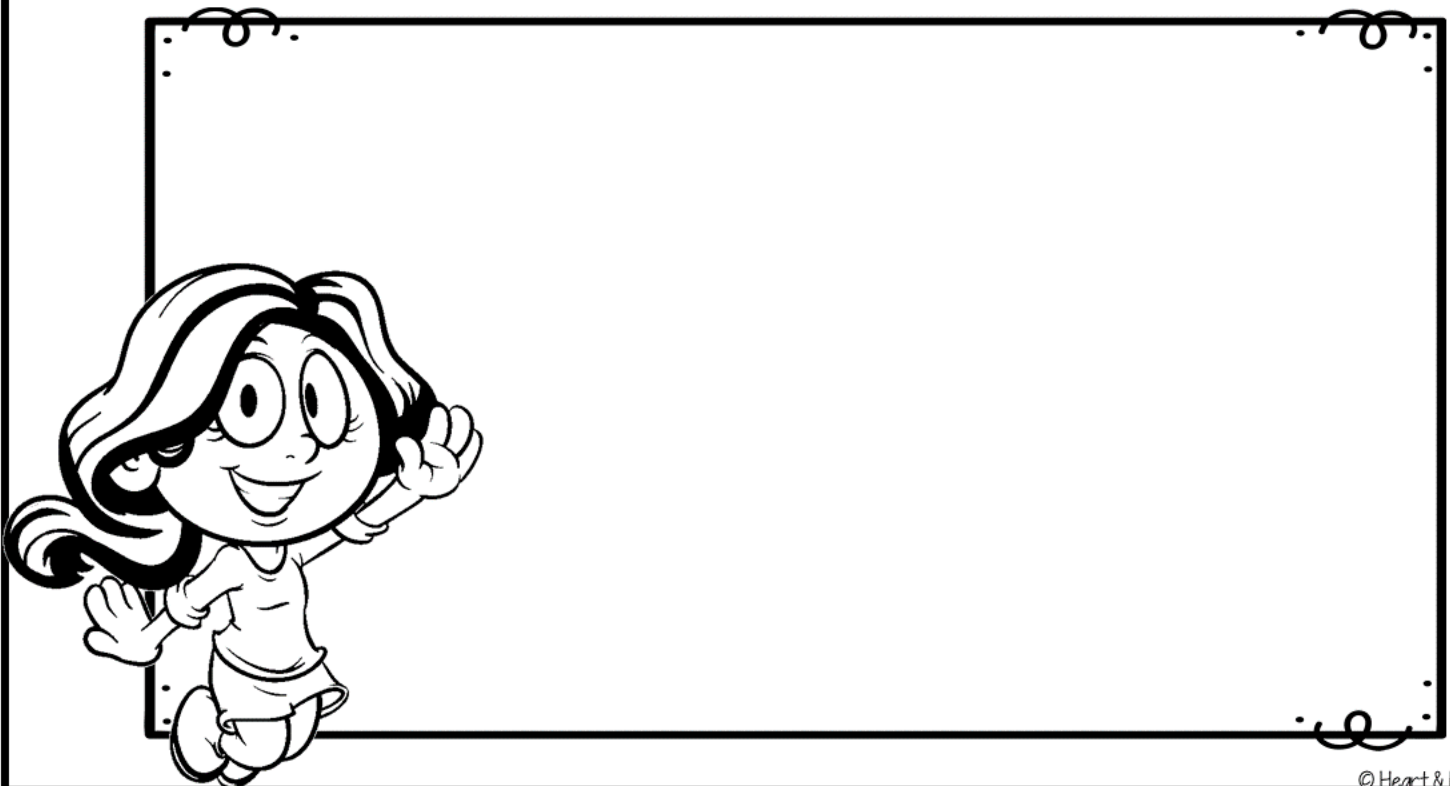
Name: _____

Date: _____

What would society look like if everyone had courage?



Would you want to live in this society, why or why not?



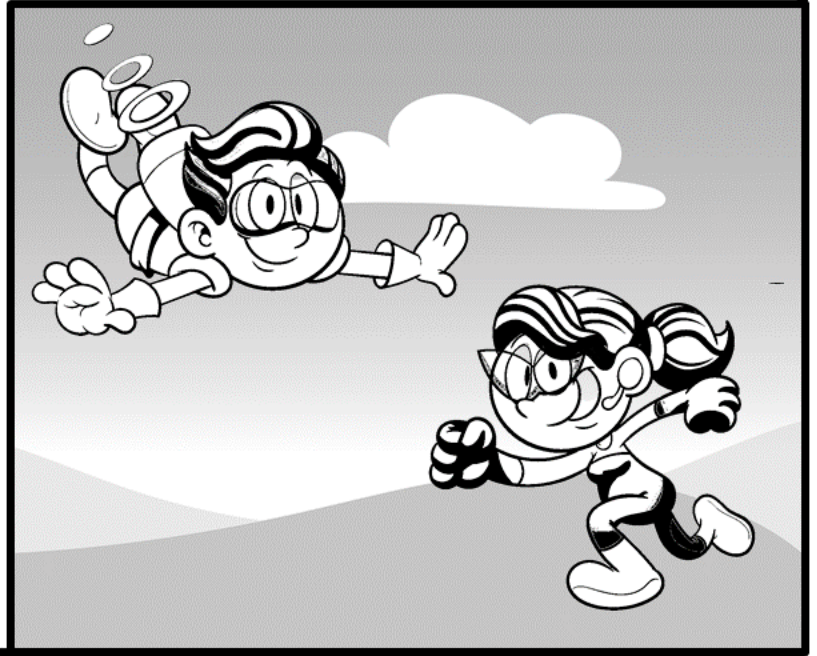
COURAGE

A COURAGEOUS WORLD

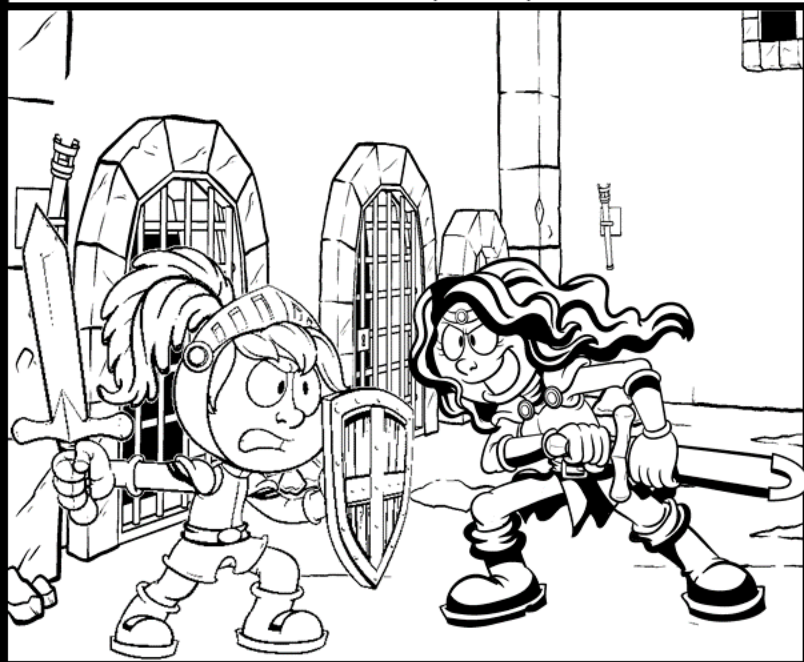
Name: _____

Date: _____

Let's time travel to the future, what is one way you would want people to show more courage? Why?



Let's time travel to the past, what is one way you would have wanted people to show more courage? Why?



COURAGE

SELF-REFLECTION

Name: _____

Date: _____

We all make mistakes, that is how we learn! Think of one example of a time where you did NOT show courageous behavior.

I was NOT showing courage when I...

○

○

.

What I learned...

○

○

.

This is how I will be more courageous...

○

○

.

COURAGE

SELF-REFLECTION

Name: _____

Date: _____

Think about what having courage means to you and how you like to show courage or how you would like for others to show courage.

One way I would like to show courage



	<p>• •</p> <p>•</p> <p>• •</p>
--	--------------------------------

One way I want others to show courage



	<p>• •</p> <p>•</p> <p>• •</p>
--	--------------------------------

Having courage is important to me because



	<p>• •</p> <p>•</p> <p>• •</p>
--	--------------------------------

COURAGE

SELF-REFLECTION

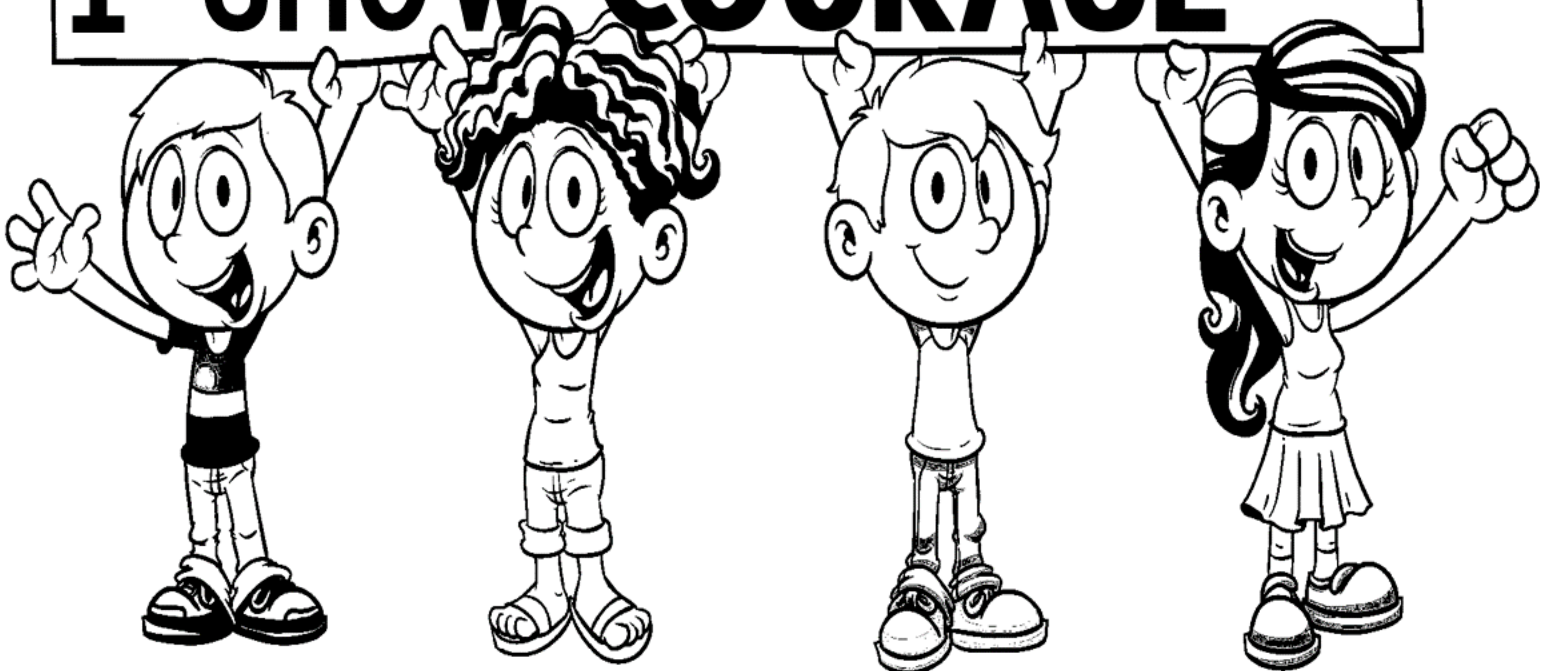
Name: _____

Date: _____

Think about the ways you show courage, pick one that you feel you are consistent in doing and reflects your good character.

I show courage by:

I SHOW COURAGE



COURAGE

TASK CARDS

© Heart & Mind Teaching

TASK

THINK & DISCUSS

CARDS



TIPS FOR USING TASK CARDS

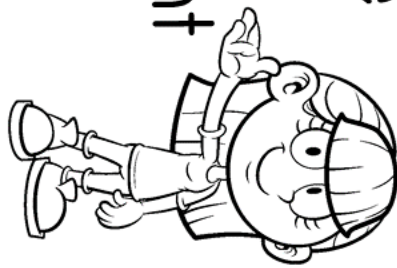
- Encourage students to think about each question and share their response.
- Pair students together to have them take turns answering the task cards.
- Use the task cards as a center activity.
- To make it a writing activity, have students write their responses on paper.
- To make it a class wide activity, read the card out loud and encourage student responses. (see included PowerPoint slides to display on board)

DIG DEEPER QUESTIONS

- Are there multiple answers that could be considered courageous decisions?
- How are your responses different or similar to other students?
- Why are some of our responses similar or different?
- What impacts our decision to show courage or not?
- Does one uncourageous decision make you a coward?
- What will happen if you repeatedly make uncourageous decisions?

COURAGE

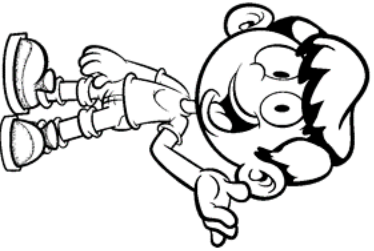
Is it showing
courage to be
yourself even
if it's different
from others?



THINK & DISCUSS

COURAGE

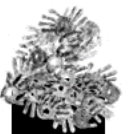
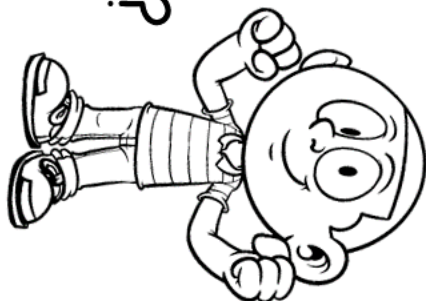
What is the
bravest thing you
have ever done?
How did you feel
after you did it?



THINK & DISCUSS

COURAGE

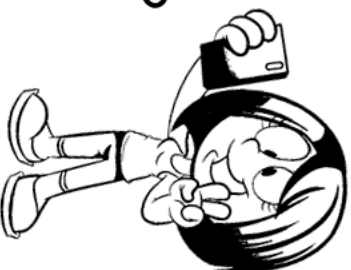
What does
having
courage
mean to you?



THINK & DISCUSS

COURAGE

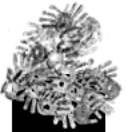
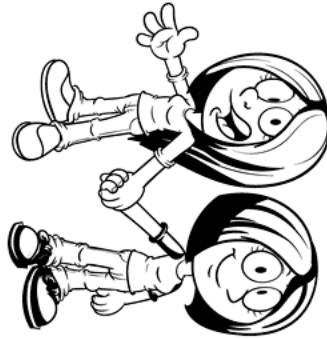
What are ways
you can show
courage when
you are online?



THINK & DISCUSS

COURAGE

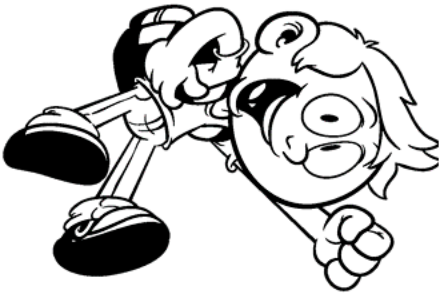
What are ways to
show courage as a
friend?



THINK & DISCUSS

COURAGE

What are
ways to
show
courage as a
student?



THINK & DISCUSS

COURAGE

What are ways
to show
courage as a
family
member?



THINK & DISCUSS

COURAGE

Think of someone
who is courageous.
How do they show
courage?



THINK & DISCUSS

COURAGE

Does it show courage to
give up and
not even try?
Why?



THINK & DISCUSS



COURAGE

What is one
way you show
courage in
your life?



THINK & DISCUSS



COURAGE

Does it show courage to
admit you were wrong or
made a mistake? Why?



THINK & DISCUSS



COURAGE

How can you show
courage in the
cafeteria?

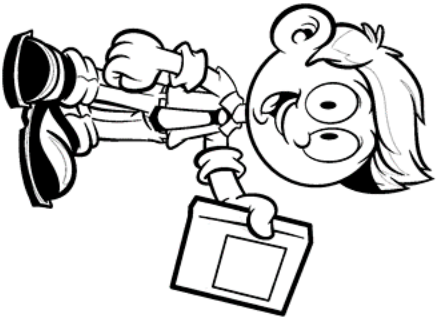


THINK & DISCUSS



COURAGE

How can
you show
courage in
the library?



THINK & DISCUSS

COURAGE

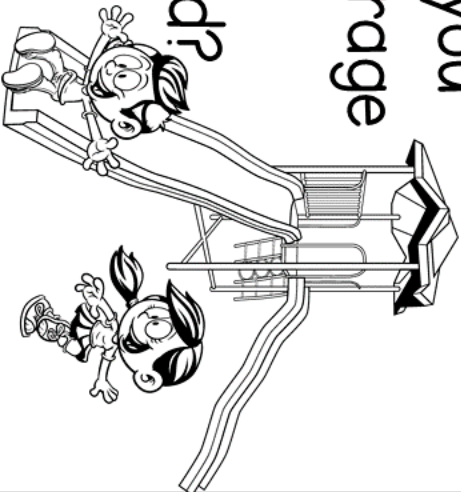
How can
you show
courage in
the music
room?



THINK & DISCUSS

COURAGE

How can you
show courage
on the
playground?



THINK & DISCUSS

COURAGE

How can
you show
courage in
the art
room?

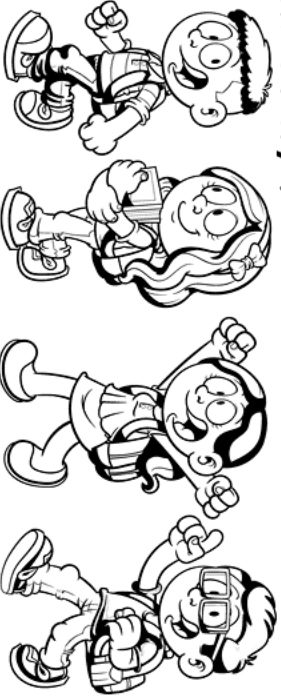


THINK & DISCUSS

COURAGE

How can you show
courage in the school
hallway?

THINK & DISCUSS



COURAGE

How can you show
courage at P.E.?

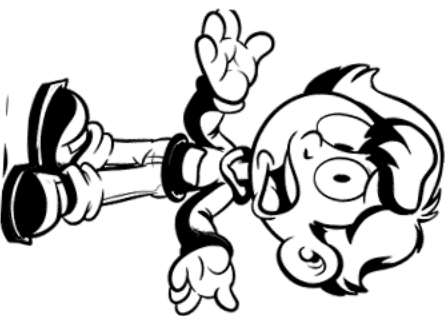
THINK & DISCUSS



COURAGE

How can you
show courage
when facing
peer pressure?

THINK & DISCUSS



COURAGE

How can you show
courage at Recess?

THINK & DISCUSS



COURAGE

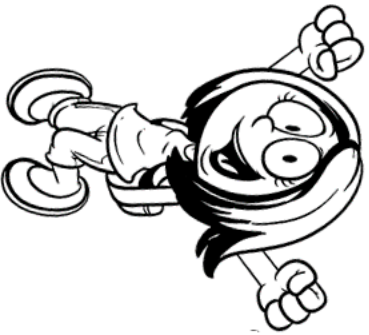
What is one way
you wish people
would show more
courage?



THINK & DISCUSS

COURAGE

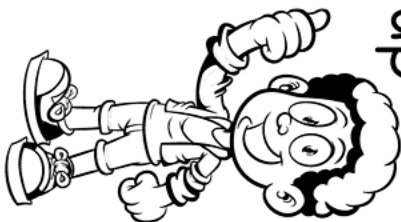
What is one
way that you
want to be
more
courageous?



THINK & DISCUSS

COURAGE

Does it show
courage to stand up
for yourself and
others? Why?



THINK & DISCUSS

COURAGE

Does it show
courage to try
something new?
Why?



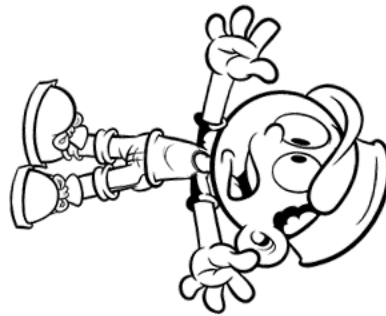
THINK & DISCUSS

COURAGE

Does it show
courage to face
a fear? Why?



THINK & DISCUSS

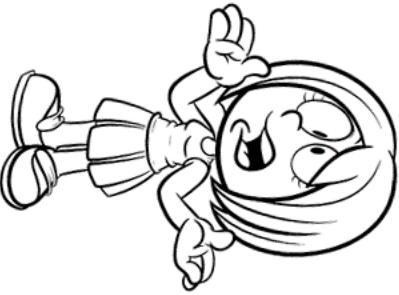


COURAGE

Does it show
courage to do
the right thing
even when it's
difficult? Why?



THINK & DISCUSS



COURAGE

Does it show
courage to walk
away from a
fight? Why?

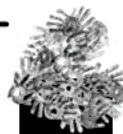


THINK & DISCUSS



COURAGE

Does it show
courage to quit
when
something is
too hard?
Why?



THINK & DISCUSS

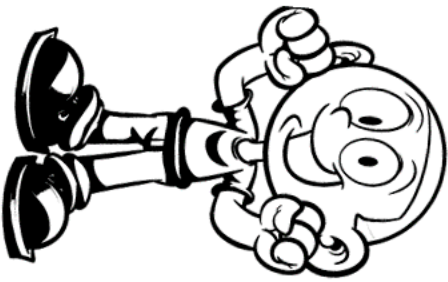


COURAGE

How can you
show physical
courage?



THINK & DISCUSS

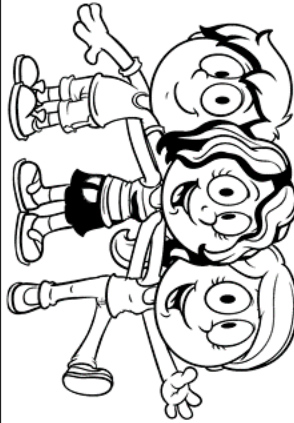


COURAGE

How can you
show social
courage?



THINK & DISCUSS



COURAGE

What should you do if you
are unsure if something is a
safe risk or not?



THINK & DISCUSS



COURAGE

How can you
show
intellectual
courage?



THINK & DISCUSS



COURAGE

How can having
courage change
the way that
others view you?



THINK & DISCUSS



COURAGE

Does it show courage to
blame others for your
mistakes? Why?



THINK & DISCUSS

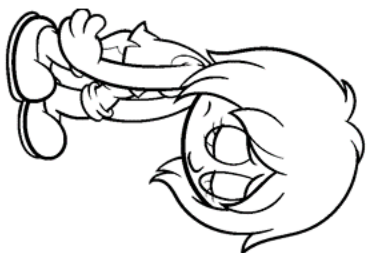


COURAGE

When someone
shows uncourageous
behavior
frequently
how do others
view them?



THINK & DISCUSS



COURAGE

Is having courage an
important character trait
to have in a friend?

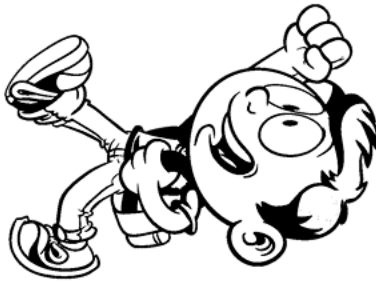


THINK & DISCUSS



COURAGE

Is having
courage an
important
character trait
for a leader to
have?



THINK & DISCUSS

COURAGE

Is having courage
an important
character trait
to have when
using a phone or
computer?



THINK & DISCUSS

COURAGE

Is having
courage an
important
character trait
for a student to
have?



THINK & DISCUSS

COURAGE

Is having courage
an important
character trait
to show working
in a career?



THINK & DISCUSS

COURAGE

SITUATION CARDS

SITUATION

WHAT WOULD YOU DO?

CARDS

TIPS FOR USING CARDS

- Encourage students to think about each scenario and what they would do.
- Pair students together to have them take turns answering the task cards.
- Use the task cards during centers having students answer in small groups.
- To make it a writing activity, have students write their responses on paper or in their journals.
- For a class wide activity or morning meeting, use the included PowerPoint slides



DIG DEEPER QUESTIONS

- What is the courageous thing to do and why?
- What are the possible consequences of this decision?
- What are the possible positive results of this decision?
- What would happen if an alternative decision was made?
- Does your decision help or hurt others?
- Is what you want to do different than the courageous thing to do? Why?
- What are all the different decisions that could be made?

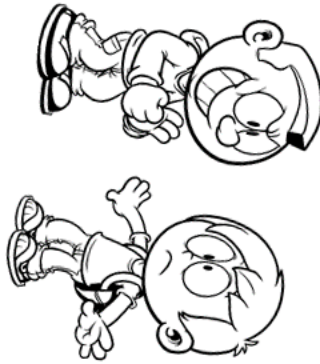
COURAGE



WHAT WOULD YOU DO?

You see someone bullying another kid in the hallway.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

Your classmates whispers to you while you are taking a test and asks you for an answer.

What is the courageous thing to do?



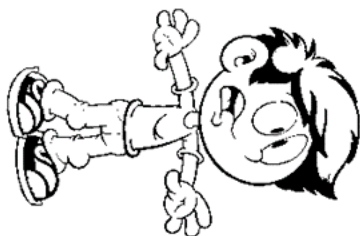
COURAGE



WHAT WOULD YOU DO?

You see a friend doing something unsafe.

What is the courageous thing to do?



COURAGE



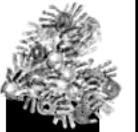
WHAT WOULD YOU DO?

You are being called mean names by a classmate.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

Your friends are peer pressuring you to do something you don't want to do.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You see an adult doing something unsafe.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You have to walk across an elevated path that is really high up and you are scared of heights.

What is the courageous thing to do?



COURAGE



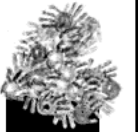
WHAT WOULD YOU DO?

You are at the school dance and are worried that if you dance, others will laugh at you.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You see someone online that is being cyberbullied.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

Your friend is talking bad about another friend behind their back.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You are worried that you will not make the soccer team if you try out.

What is the courageous thing to do?



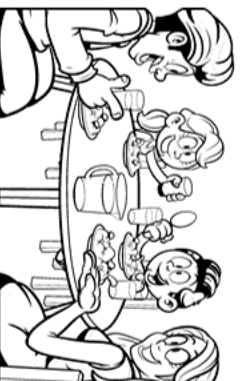
COURAGE



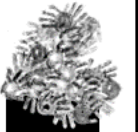
WHAT WOULD YOU DO?

Your grandma makes a new dish for dinner that you have never had before, and it does not look very appealing.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

Your classmates are ignoring the new girl because they think she is weird.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You accidentally broke a lamp fooling around in the living room. If you admit what happened to your parent, you will get in trouble

What is the courageous thing to do?



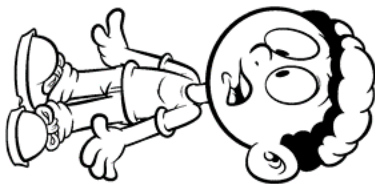
COURAGE



WHAT WOULD YOU DO?

Your teacher thinks your classmate did something wrong, but it was actually you who did it.

What is the courageous thing to do?



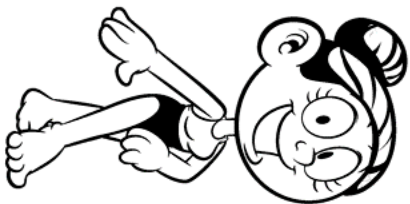
COURAGE



WHAT WOULD YOU DO?

You want to learn a new flip at gymnastics but it's difficult and you might fall.

What is the courageous thing to do?

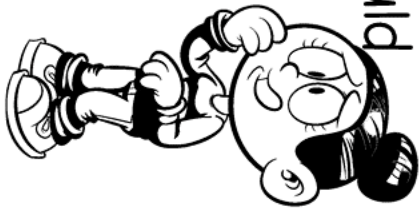


COURAGE

WHAT WOULD YOU DO?

You wrote a poem, and your teacher wants to enter it into a contest, but you would have to recite it in front of others.

What is the courageous thing to do?



COURAGE

WHAT WOULD YOU DO?

You are invited to a roller-skating party, and you have never roller-skated before. You are worried you will fall in front of everyone.

What is the courageous thing to do?



COURAGE

WHAT WOULD YOU DO?

Your parent asks if did well on the test, you did not, but you don't want to let them down.

What is the courageous thing to do?



COURAGE

WHAT WOULD YOU DO?

You get a text message from someone you don't know well asking to meet up later.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You want to try to waterski, but it looks tough. You are worried you might hurt yourself.

What is the courageous thing to do?



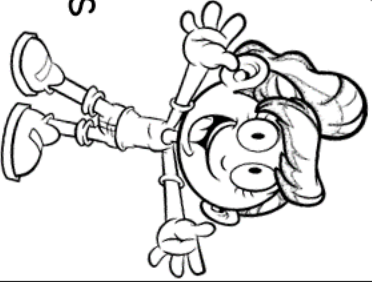
COURAGE



WHAT WOULD YOU DO?

You want to participate in the school fundraiser, but you are worried no one will buy anything.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You are in swim class and the teacher is having everyone swim in the deep end today. You are nervous about trying it.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You want to try the rock-climbing wall, but it looks hard for someone your size to do.

What is the courageous thing to do?



COURAGE

WHAT WOULD YOU DO?

You have always been afraid of dogs. Your school is doing a volunteer project at a local animal shelter, and you are nervous about seeing dogs there.

What is the courageous thing to do?



COURAGE

WHAT WOULD YOU DO?

You are supposed to perform with the school band at a local competition, but you are scared you will make a mistake and cause the team to lose the competition.

What is the courageous thing to do?

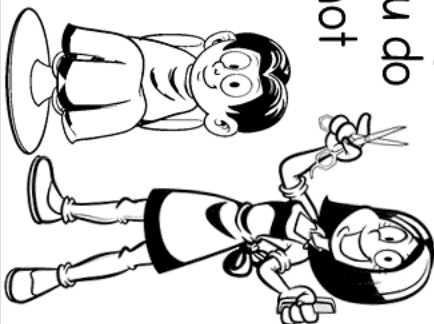


COURAGE

WHAT WOULD YOU DO?

You want to cut your hair short even though having long hair is in style right now. If you do cut it, people might not like it.

What is the courageous thing to do?



COURAGE

WHAT WOULD YOU DO?

Your cat is stuck in a tree, you want to climb the tree and get her but it's a bit higher up than you usually climb.

What is the courageous thing to do?



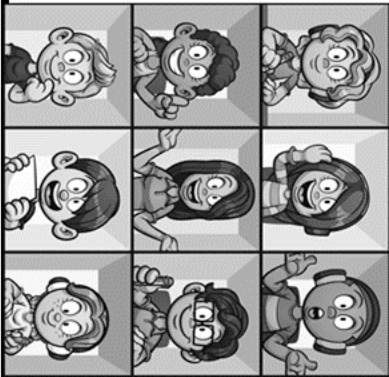
COURAGE



WHAT WOULD YOU DO?

You are in your online class and the teacher asks the class a question and no one else responds. You know the answer but don't like to speak in front of others.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You do not understand the assignment and need help clarifying what to do.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You overhear an older kid making fun of one of your classmates because their culture is different than everyone else's and they dress different than others.

What is the courageous thing to do?



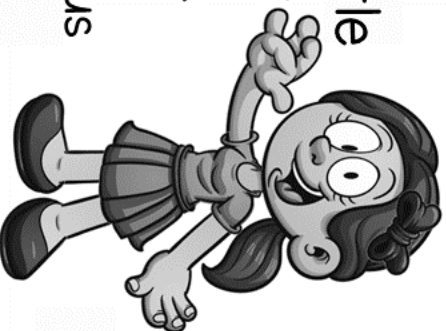
COURAGE



WHAT WOULD YOU DO?

Everyone is saying wearing bows in your hair is for little kids, but you really like wearing bows.

What is the courageous thing to do?



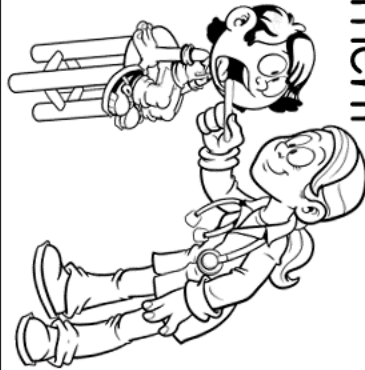
COURAGE



WHAT WOULD YOU DO?

You do not like going to the doctor and you have an appointment today.

What is the courageous thing to do?



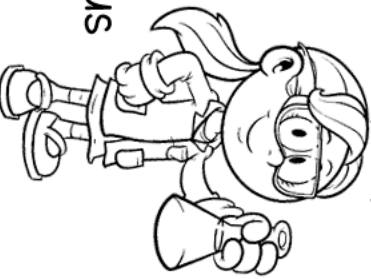
COURAGE



WHAT WOULD YOU DO?

You want to try a new experiment in science club, but you are worried it won't turn out well and then people will think you are not smart.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You are supposed to read fifteen books over summer break, but you struggle in reading and think that is too many to even try to do.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

Your parents cheer very loudly for you at your baseball game, and it embarrasses you. You don't want to tell them when the next game is.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You want to give a valentine to a classmate, but you are worried they won't like it.

What is the courageous thing to do?



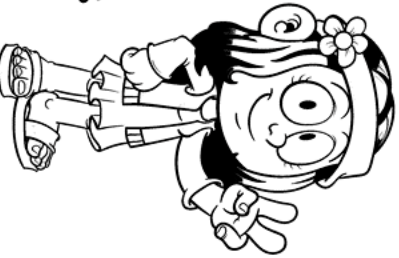
COURAGE



WHAT WOULD YOU DO?

Your parent gives you a new outfit to wear to school. It's not fashionable and you think people will make fun of you if you wear it.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

You need to get something from your basement for your parent, but it's dark and scary down there.

What is the courageous thing to do?



COURAGE



WHAT WOULD YOU DO?

Your parents want you to become a doctor when you grow up, but you want to be a chef.

What is the courageous thing to do?



COURAGE

STRENGTH IN THE

FACE OF *fear,*

difficulties,

AND *uncertainties.*

CHARACTER EDUCATION

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**COURAGE
STRENGTH IN THE**



**FACE OF
fear,
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AND uncertainties.

CHARACTER EDUCATION

COURAGE STRENGTH IN THE



FACE OF
fear,
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AND *uncertainties.*

CHARACTER EDUCATION

COURAGE

STRENGTH IN THE FACE OF *fear,*
difficulties, AND *uncertainties.*

Try new
things.

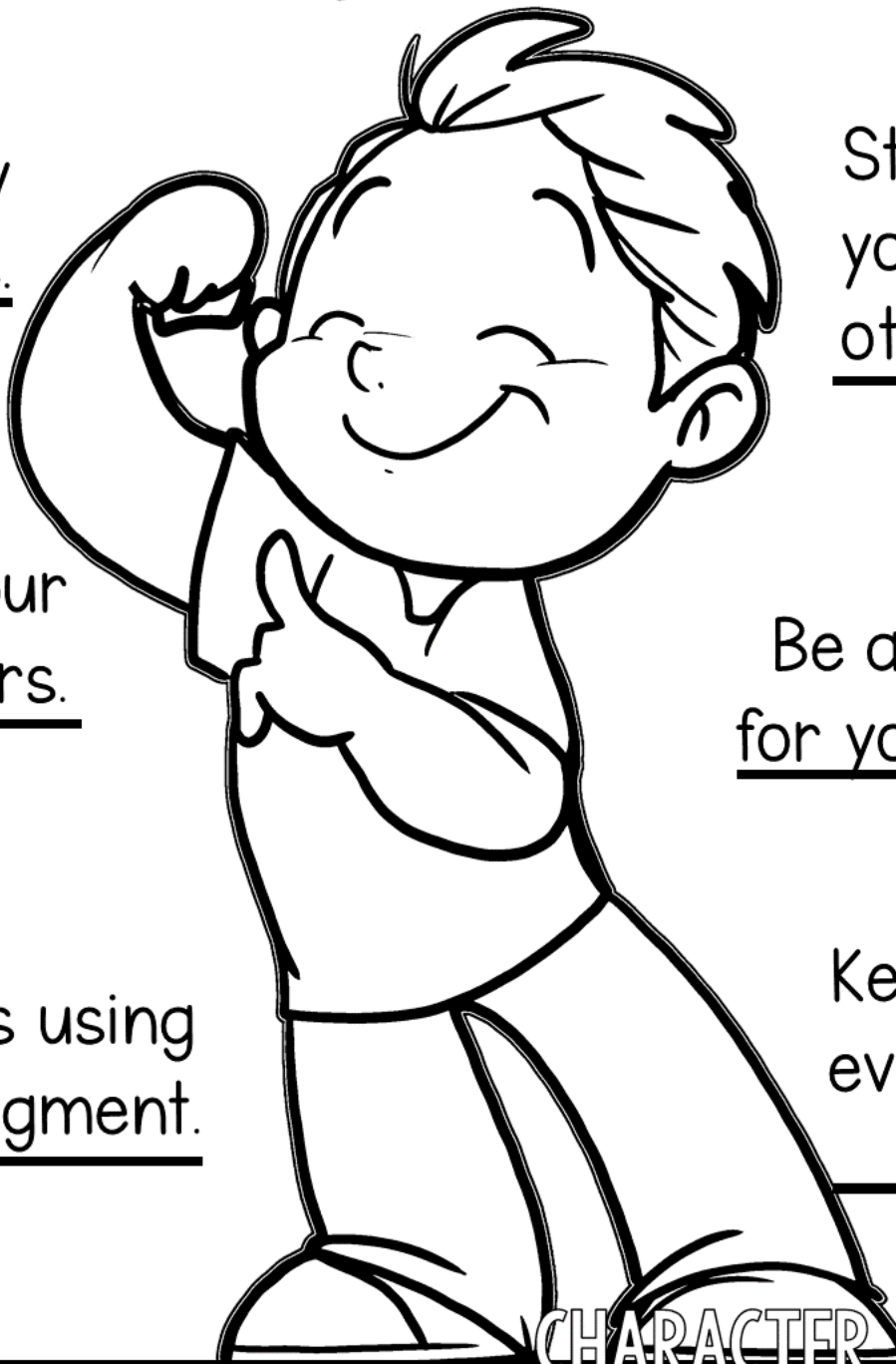
Stand up for
yourself and
others.

Face your
fears.

Be accountable
for your actions.

Take risks using
good judgment.

Keep going
even when
it's hard.



CHARACTER EDUCATION

QUOTE ABOUT

COURAGE

**“COURAGE IS NOT THE ABSENCE OF
FEAR, BUT RATHER THE ASSESSMENT
THAT SOMETHING ELSE IS MORE
IMPORTANT THAN FEAR.”**

-FRANKLIN D. ROOSEVELT

STUDENTS WITH



COURAGE

FACE FEARS AND CHALLENGES WITH DETERMINATION.

- ✱ Stand up for themselves and others.
- ✱ Are accountable for their actions.
- ✱ Persevere through difficulties.
- ✱ Open to trying new things, out of their comfort zone.

CAREERS WITH COURAGE FIREFIGHTER



Firefighters are rescuers that extinguish fires that threaten others, they also rescue people and animals from dangerous situations. They work closely with other emergency response agencies such as the police. Firefighters also provide emergency medical service until the ambulance arrives. To protect themselves from fires they wear protective clothing and gear, such as full-face masks and insulated clothing. Firefighters show courage by fighting fires, often in dangerous situations, to save others.

LEADERS WITH

COURAGE

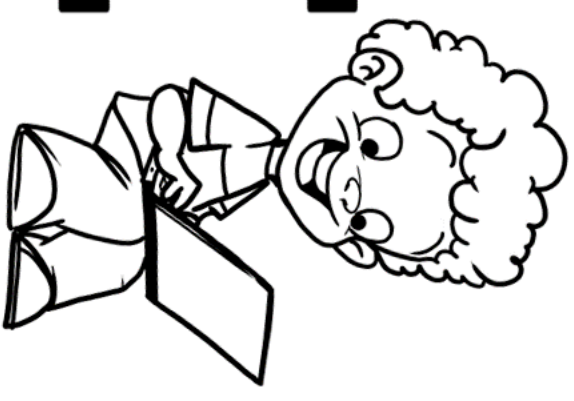
MALALA YOUSAFZAI



Malala Yousafzai is a female education activist from Pakistan. She is known advocating for human rights, especially women and children having access to education in her community which at the time had banned girls from attending school. Headed home on a bus after taking an exam, Malala was injured badly by a person who was against her activism. After she recovered, she became an even more prominent activist for the right to education, creating a non-profit organization to ensure girls worldwide have access to a free and safe education. Malala is the youngest person to be awarded a Nobel Peace Prize in 2014 for her work. She showed us the importance of being a courageous leader, she said "We were scared, but our fear was not as strong as our courage."

CHARACTER EDUCATION

DIGITAL



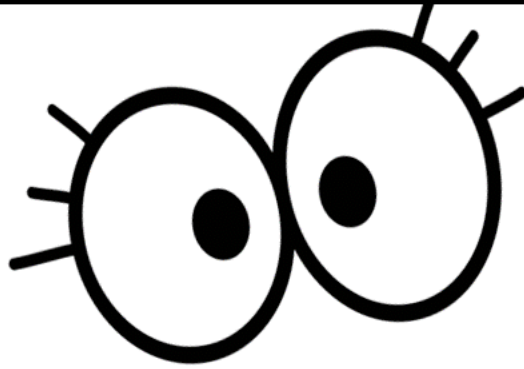
COURAGE

BEING BRAVE WHEN WORKING ONLINE, WITH MY WORDS AND ACTIONS.

- ✱ Before you press send, think, does this feel brave?
- ✱ Stand up to cyberbullying.
- ✱ Be yourself online and be kind. If you would not say it to someone in person, do not say it to them online.

COURAGE

LOOKS LIKE



- * I face my fears and challenges.
- * I look people in the eye when talking, with my shoulders back.
- * I am confident with my words.
- * I stand up for others.
- * I try new and different things.
- * I take risks using good judgement.
- * I persevere through difficulties.

COURAGE

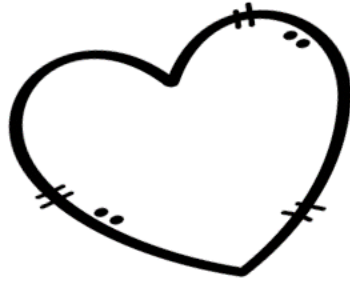
SOUNDS LIKE



- * I speak up for myself and my beliefs.
- * I speak the truth to others and to myself.
- * I admit my mistakes.
- * I am accountable for my behavior.
- * I ask for help if I need it.
- * I apologize.

COURAGE

FEELS LIKE

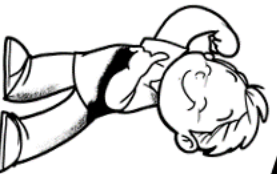


- * I feel proud of myself.
- * I do what is right, not what is easy.
- * I feel brave and strong.
- * I am open to new ideas and ways of doing things.
- * I am willing to accept new challenges.
- * I embrace change.

MY COURAGE PLEDGE

This is how I am going to show courage:

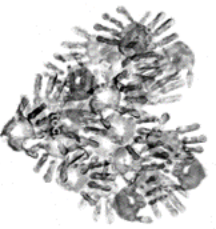
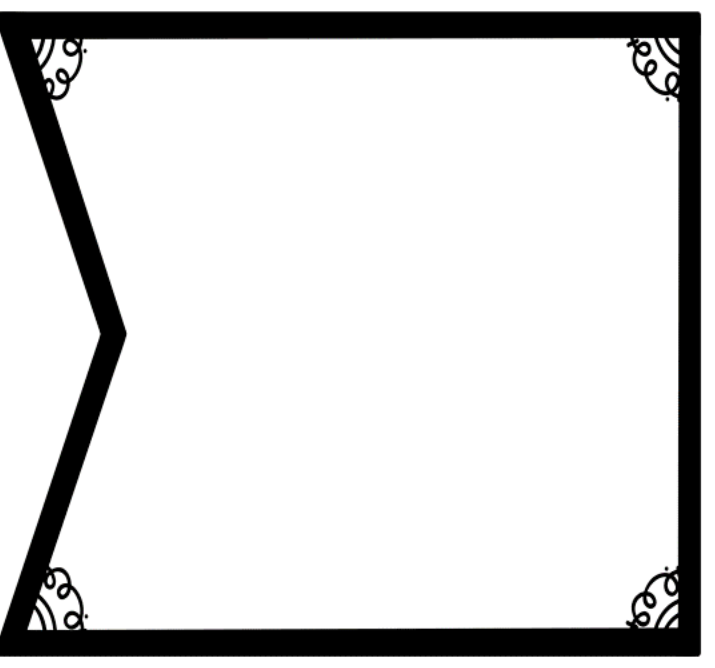
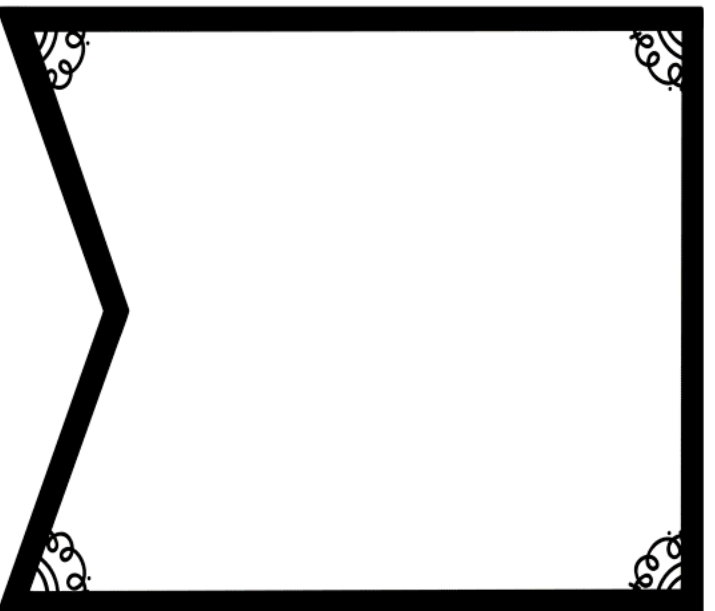
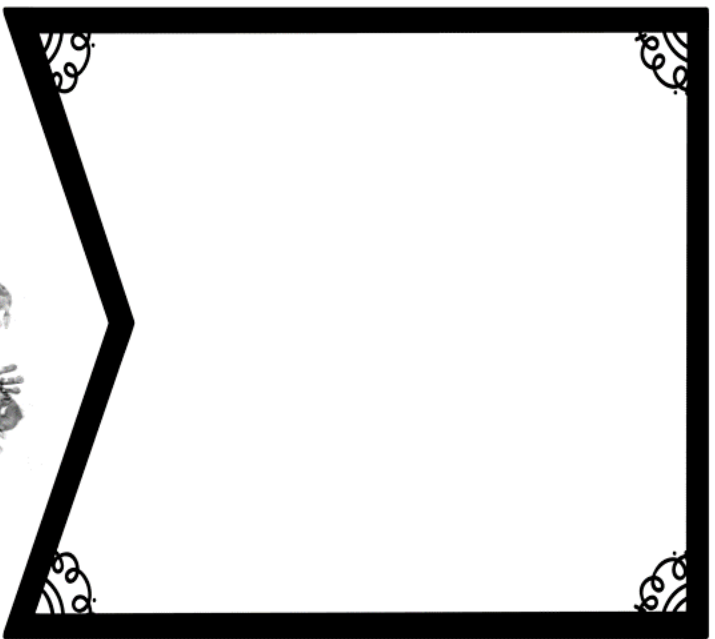
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Pledge by: _____

MY COURAGE PLEDGE

This is how I am going to show courage:



Pledge by: _____

S

R

A

G



GOOGLE SLIDES

Your resource comes with a digital version for use in Google Slides via Google Classroom. Follow these steps to upload your resource.

1 Click here  [Character Education: Courage](#)

2 You will be prompted to make a copy of the resource. Click on the blue box that says "Make a copy" and the resource will go directly into your Google drive.

Google Drive

Copy document

Would you like to make a copy of Career Interest Inventory?

Make a copy



3 Go to your Google Drive and locate the copy of the file. You can rename the file at this point or add/delete slides.

4 Next, go to your Google Classroom and add an assignment. Select the Google Drive Symbol and select the resource you want to assign.

5 From here, you should see a grey box that says "Students can view file." Click the grey box. A dropdown menu should appear. Select, "Make a copy for each student."

YOU HAVE TO MAKE A COPY FOR EACH STUDENT!

Otherwise, they will all be editing the same file.

Click "Assign" in the top right corner if you're ready to post!

This product is meant to be used in "edit" mode (not "presentation" mode). Edit mode is the only mode that allows drag & drop and writing in text boxes.

Helpful links for using Google Classroom:

[Teacher Tips for using Google Classroom \(TPT blog\)](#)

[Getting Started with Google Classroom \(youtube video\)](#)



Thank you for supporting my little shop!

Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

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C H E C K T H I S O U T

CHARACTER EDUCATION **RESPECT**



Check out the
other available
Character
Education traits!
Also available as
BOOM CARDS

CHARACTER EDUCATION **RESPONSIBILITY**



CHARACTER EDUCATION **COOPERATION**



CHARACTER EDUCATION **KINDNESS**



CHARACTER EDUCATION **RESPONSIBILITY**



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